



SOUTHEAST PARKOUR CHAMPIONSHIPS

@ NYX TRAINING CENTER

SUNDAY, APRIL 26TH



COMPETITION SCHEDULE

9:00am - 9:15am	--	Youth (6-11yrs) Check In & Warm up
9:15am - 10:15am	--	Speed Explanation & Competition
10:15am - 10:30am	--	Speed Awards
10:45am - 12:00pm	--	Skills Explanation & Competition
12:00pm - 12:15pm	--	Tie Breakers & Awards
12:15pm - 1:45pm	--	Youth Freestyle Warmup & Competition
1:45pm - 2:00pm	--	Freestyle Awards
2:15pm - 2:30pm	--	Teen/Adult (12+yrs) Check In
2:30pm - 4:00pm	--	12+ Freestyle Warmup & Competition
4:00pm - 4:20pm	--	Freestyle Awards
4:30pm - 5:15pm	--	Speed Courses
5:15pm - 5:45pm	--	Tie Breakers & Awards
5:45pm - 6:45pm	--	Skills Explanation & Competition
6:45pm - 7:00pm	--	Tie Breakers & Awards

**EARLY BIRD PRICING FOR NYX
ENDS APRIL 20th**

**Address & Directions: [121 Smokehill Ln,](#)
[Woodstock, GA 30188](#)**

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